

EA Football Club Walking Football Laws Of The Game

- Strictly Non-contact Additional Laws

(revised June 2025)

Concept

There comes a time when physical contact and the possible resulting injury can deter a player from continuing with the sport. Additionally, players returning from injury or those with mobility problems can find solace in this new variation of walking football.

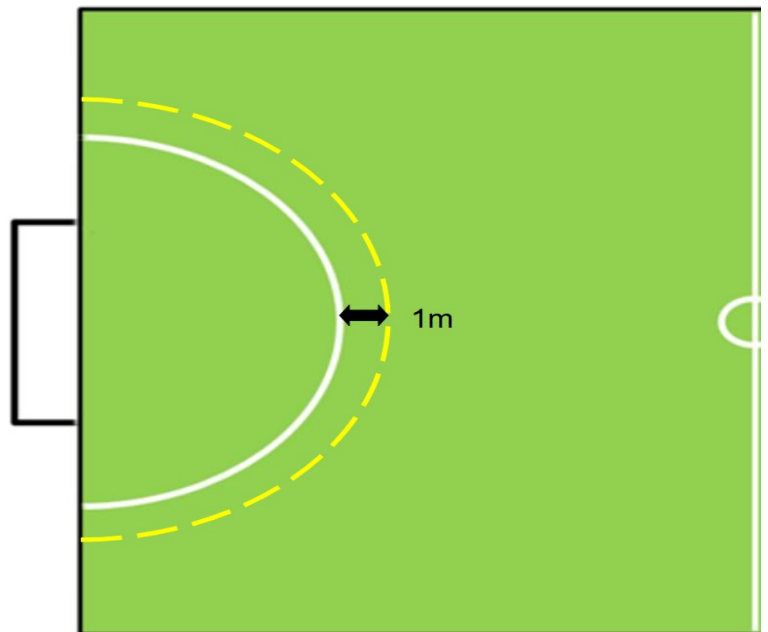
As well as abiding by the EA Football Club Walking Football Laws Of The Game, players must also abide by the additional laws as described here.

The revised versions of these laws will come into force on **Sunday, 22nd June, 2025**.

Field of play dimensions

In addition to the 6-metre radius penalty area there is an additional arc marked in yellow of radius 7 metres.

The area between the two arcs, the defence-only zone, only defenders are permitted to enter. Please see the diagram on the right.



Restarting play

1. Kick-in / Roll-in

The goalkeeper can choose to restart play by means of a kick-in or by a roll-in. The kick-in must be delivered from a stationary position.

2. Free kicks

A free kick shall be awarded to the opposing team when a player

- A) fails to maintain a distance of at least 1 metre between themselves and the nearest opponent. If necessary, defenders must therefore retreat from the advancing attacking player in possession of the ball until the inside the defence-only zone,
- B) in possession of the ball remains stationary for more than 6 seconds before playing the ball